

SOCIO-ARTISTIC METHODOLOGY

art as leverage

1

CREATE A SAFE SPACE

Make it clear from the beginning that participants are in a safe space where we all need to respect each other, and that whatever happens in this space stays here. To create a bond of trust between students and teachers is key.

FIND EASY WAYS TO INTRODUCE NEW TECHNIQUES

- use graphic visual aid
- use examples
- explain the process step by step
- use a lot of body language instead of words
- show - act out - repeat - do

2

3

MAKE USE OF UNIVERSAL STORY TELLING THEMES

Put emotions at the forefront as the source for inspiration: let participants make a list, practice connection to emotions. Start every class with expression of emotions and include yourself in this exercise. Then progress to topics like family, dreams, the past, the future, themselves.

INVOLVEMENT AND ENGAGEMENT

- let participants work in teams
- involve them in the process and stimulate interaction
- be very attentive to the group dynamics
- be mindful of the time and energy that goes into guarding the group atmosphere and plan accordingly

4

5

THE RESULT

Always work towards producing a result by the end of the lesson, the quality of the result is secondary. Primordial is to create the dynamic of starting something and finishing it.

THE APPLAUSE

ALWAYS, ALWAYS, ALWAYS conclude with acknowledgement of the work that participants delivered: their story and their process. Show it to the world via an exhibition, a theatre play, a video,.. The nervous energy just before the exposure to the public eye and the boost in self esteem afterwards are of utmost importance. You CAN'T skip this step.

6

do you read this digitally?
click the QR-code!



Co-funded by the
Erasmus+ Programme
of the European Union

